

Watch Your Step!

Preventing Slips, Trips and Falls

The goal is to keep your facility injury free by promoting safety awareness. Everyday slips, trips and falls seriously injure more people than any other type of accidents. The most common causes of slip and fall injuries in the work area include slippery surfaces and tripping/falling hazards.

Make sure to look for these common hazards and take time for these simple precautions:

Slippery surfaces

- Clean up spills immediately and use caution signs to warn others
- Notify appropriate internal staff of spill and type
- Don't be afraid to request help!
- Wear shoes with slip-resistant soles

Tripping Hazards

- Keep all electrical cords out of the way or covered
- Keep all walkways clear
- Only carry items you can see over
- Watch your step - be aware of your surroundings inside and out

Fall Prevention

- Only use approved ladders or step stools
- Ensure ladder legs are even and on firm ground
- Use hand rails on stairs
- Use extra caution when walking or carrying on elevated surfaces

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